



CrescentCare Approach to Adult ADHD Treatment: What to Expect

- ✓ The psychiatry provider will evaluate for ADHD symptoms and impairment (regardless of whether you were previously diagnosed) and determine whether additional information is warranted to clarify diagnosis.
- ✓ Successful management of other psychiatric conditions, such as anxiety/mood disorders and substance abuse, may be necessary prior to assessing for ADHD symptoms.
- ✓ To minimize adverse side effects, nonstimulant treatments for ADHD, which may include executive functioning skills training, are preferred.
- ✓ You may be tested with a random drug screen at any point in your treatment with us.
- ✓ We do not recommend stimulant medication when people are actively using drugs, including marijuana.
- ✓ If you were previously diagnosed or treated for ADHD, please bring any records, including any psychological/psychoeducational testing results and medication lists.